King's View

Magazine, No. 892

March 2017

King's Park Church of Scotland, Glasgow. 242 Castlemilk Road, GLASGOW G44 4LB



Mission Statement: King's Park Church sharing God's love by reaching out to others.

"The mere act of comforting someone has reciprocal effects. To comfort is to be comforted." See Isaiah 40:1 and 1st Thess. 4:18 1930-2017—87 Years of Spiritual Service

FOR YOUR INFORMATION

King's Park Church of Scotland, Glasgow. 242 Castlemilk Road, G44 4LB

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MATERIAL FOR THE APRIL 2017 ISSUE TO BE IN OFFICE <u>NO LATER THAN</u> THE END OF THE MORNING SERVICE, <u>SUNDAY 19TH MARCH 2017</u> ANY ARTICLES RECEIVED AFTER THIS DEADLINE WILL BE INCLUDED IN THE APRIL/MAY 2017 ISSUE.

Caveat: This magazine is published on our website, please note if you are submitting an article and wish something not to appear online please indicate this on submission.

CONGREGATIONAL REGISTER

No of Communicants on Roll = 561

<u>AT REST</u> "<u>I am the Resurrection and the Life</u>"

27 January 10 February Mrs Margaret Thomson, Cambuslang Mr Ian Thomson, Rutherglen

NOTE: CHANGE OF TELEPHONE NUMBER: As agreed at the Congregation Board, as of the 1st of January there will no longer be a landline in the Manse. The Minister is contactable at all times on her mobile phone. Number: 07919 676242

FROM THE MANSE... Called by God



Who showed you the face of Jesus? Who nurtured your Christian Education? For most Christians, including me, it was my Mum, Dad and Gran who took me along to Church to encourage me, just like their parents before them. Sunday School Teachers play a huge part in our

Christian education and understanding. Mr Lamont & Miss Anderson were instrumental in guiding me down a path that is central in my journey with God. I wonder who encouraged you, supported you, answered your questions, corrected you, and showed you the face of Jesus? This has been the tried and tested method for centuries. But not now! Today we need to rethink how we introduce and nurture people's faith and personal relationship with Jesus. For many of us. we brought our children along to Church and, at a certain point, they decided it wasn't for them anymore. The important thing is that they had some grounding, the seed even if it is just a mustard seed is planted and at the right time God's Spirit will bring that plant to life. Perhaps when they get married or have children of their own, they want their children to experience something of the fun they had. But if that's not the case, what can each of us do? What if we are the only face of Jesus another person sees? Jesus commissioned his disciples, you and me to "Go and make disciples of all nations. baptising them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age." Matthew 28:19-20.

That means we have to do something many of us are good at, TALKING! Talking about God's love for us, talking about what Jesus has done for us, what he's doing in our lives. Don't worry what you will say, the Holy Spirit has promised to guide our words and if we can't answer a question, we all know someone we can turn to who has more knowledge than we have to ask. Jesus is counting on US! We are the face of Jesus in our world today. Why not listen to God's Spirit encouraging you and strike up a conversation with your son or daughter, Grandson or Granddaughter, friend, neighbour or even a stranger on the bus. You will be amazed what Jesus can do through you!

Expect to be amazed! God Bless You, Love, Sandra.

Editor's Extras

It's AGM time again!!! This is the time to evaluate the financial and property maintenance of our assets. This thought arose as I am having to consider renovations to my house. I want a secure and comfortable home, where I can dream my dreams and enjoy family. The Church is an expansion of these emotions, where we can share with our Church family the many activities undertaken there and our faith and beliefs in the Lord. The Church is a focal point in our community and we need to retain secure buildings and beliefs to continue its Ministry as we approach Lent, and for the future. See you in Church.

(*Note:* There are no Board or Session Reports this month as no meetings have been held since the last issue of the magazine. Due to the Annual General Meeting there is no Congregational Finance Report this month.)

Prayer Focus

Dear Lord and Heavenly Father, we humbly come before you in awe and wonder at your greatness. We thank you for all the gifts you have given us as we approach this time of Lent. Let us focus on Christ's struggle and temptation in



the wilderness. We will never know the extent of His pain but He had to overcome temptation in His human form. Help us to be aware of the temptation and with your support we will win the fight against the evil that people do. Hear our Prayer Lord. Amen

Pondering our Mission Statement

Sharing God's Love . . .

- Lord of the Sabbath, Luke 6: 1-16
- Reconciling Authority, Luke 7: 1-17
- The Proof is in the Pudding, Luke 7: 18-35
- Love's Motivation, Luke 7: 36-50

BB NEWS

Both Junior and Company Sections are well into the "business end" of the Session as the various District and Battalion Competitions come thick and fast. On the football front both Junior Section sides had a rather mixed league season but hope to do well in the upcoming KO Cup. Meanwhile, two Company Section Boys, Iain Gibson and Matthew Hood attended the Battalion "Building Your Skills Course", in preparation for the President's Badge, last month at Greenbank Parish Church.

lan Livingstone, RO

GLASGOW STOMA SUPPORT GROUP

Have you a colostomy, ileostomy or urostomy? Or are you a carer for somebody that has one of these? We are a Stoma Support Group based in Glasgow. We meet on the first Tuesday of the month from 10am til 12noon in the Adlephi Centre, Room 2, 12 Commercial Road, Glasgow G5 0PQ. (Behind the swimming baths). Either drop in , or contact Morag (0141 779 1322). *Ian MacLeod* (637 6214)

DIET AND FITNESS CLASS - (ROSEMARY SEDGWICK)

There is a diet and fitness class in the Large Hall on a Tuesday morning 10am - 11.30am - cost £5.00 per class. No strict diet, just practical nutritional advice, optional weigh-in, fun workout and lots of motivation. Come along, this service is for you. Call Rosemary on 639 7477 or simply drop in.

MEN'S BOWLING CLUB

Two months into the second half of the bowling season we welcome another new member, Mr William McDonald. Also, congratulations to the team who won 14-0, the first granny for a while. Come and join us for an enjoyable Tuesday, Wednesday or Friday afternoon, 1.15pm. You will be welcomed any day. (Practice session 12 noon –1pm, Tuesday).

THE GUILD

We are now half-way through the second half of our current session, which continues to progress well. We had our Annual Guild Guest Night on January 25, when we were entertained by David and Izzy. They gave us a great selection of folk, gospel and country songs, which everyone could take part in. Judging by the hand clapping and foot tapping, everyone thoroughly enjoyed the evening. The Guild would like to thank all who helped out in any way, not forgetting our band of "willing helpers" who always help to clear up afterwards.

On 1st February Mrs Sheena Whiteford came to speak to us on our project entitled "Let's Stick Together." This is a Care for the Family resource which helps new parents to keep their family together, as many young couples divorce shortly after becoming parents. It helps them strengthen their relationships so that they keep their family together for good.

We had a visit on 8th February from our old friend Rev Bill Ferguson, whose subject was on the life of a minister after retirement. Bill had been a regular visitor to our Guild for many years, but sadly, this was his last visit to us, as since his retirement 5 years ago, he has been cutting down on his workload. We wish Bill and his family every blessing for the future, and we thank him for all his past visits, which we have all thoroughly enjoyed.

On February 15, we had a return visit from Dr Robert Hamilton who is a senior lecturer on American History at Glasgow University. This time he gave a presentation on the political life of John F Kennedy, from his days in the US Navy until he became President of the United States. We were surprised to hear that JFK suffered from quite a few illnesses, despite the fact that he always looked the picture of health. This was enjoyed by all who came along.

Just a reminder that our Daffodil Tea will take place on Wednesday 29 March at 7.30pm, and not at 2.00pm as quoted in the February issue of the magazine. This time we will be entertained by "Acting Up" which is a Christian Puppet Show. We have had them visit us in the past and have found them to be most entertaining. Tickets will soon be available and will be priced at £4.00 each. You can also pay at the door, so please do come along and join us then. The proceeds will go to our chosen charities, which are The Haiti Project and Let's Stick Together. As always, a warm welcome will be given to anyone wishing to come to any of our meetings or special events.

E Gillespie - Secretary

NEWS FROM THE SAIDIANA WOMEN'S PROJECT

This is the latest report from Fridah covering the 2nd half of 2016. It is uplifiting to see how hard they work to improve both their lot and that of many poor families. Thanks to all who support the work either by donation or through prayer. You can contribute by donation into the bank account—HBOS, Sort Code: 11-47-05, Account Number 00005903.

The Report highlighted the following:

Sewing and knitting continues and includes University students working to raise resources for their upkeep.

Coach House Alternatives - to increase kitchen gardening, important for survival; literacy levels; preventative health (hampered by a doctors' strike).

Marketing of finished goods - sold out of production but at reduced prices. However, this scheme is making a big difference to those involved.

Micro-entrepreneurship - farming and trade are progressing well although hampered by the current drought - and the situation could get worse.

Water Harvesting - the performance of water schemes is very good and helps many families in the community especially taking the drought into account - even Nairobi has water rationing.

Relief Supplies of medicines, food and clothing for individuals, children's homes and other groups. There is a realisation that more must be done.

HIV/Aids - care, support and help continues.

Welcoming/Visiting a Stranger - continues to make families valued.

Kenya is facing a General Election in August with the prospect of a negative impact on many families. We implore friends to pray for a peaceful, free and fair election. It is also true that Saidiana would be expected to do more given the nature of elections in Africa.

Fridah N Wafula/Mary Smith

WORLD MISSION—STAMP APPEAL

The total donations for the Othara Eco-Spirituality Centre for Climate Change and Conserving God's Earth has risen to £311 at the end of January. Thanks to **all** who contributed their used stamps with an extra special thank you to Edith Fraser who donated an enormous bag of used stamps. Please contribute to the Post Box in the foyer to our Halls. Thanks Again. WP

Remember - Fair Trade for a Fairer World

INTRODUCTION TO MINDFULNESS COURSE

This introduction to mindfulness course is especially suitable to those who are new to mindfulness and would like to explore the benefits of mindfulness in a safe and relaxed environment, through experiencing and practising some guided meditations. Please feel free to come along to any or all of the sessions, everybody is most welcome.

When: Tuesday 14th, 21st and 28th March, 7:30pm – 9:00pm. **Where:** Kings Park Church.

Cost: £4 per session.

Niki Kidd (Tel. 07504 491 775)

KING'S PARK BRASS UPDATE

The band will be in concert at Clincarthill Church on Monday 20th March at 7:30pm.



Our programme will include a quick trip to the musicals with a short reprise of November's Strike Up the Band concert, and a short tour of the mountains of North America and Scotland. The major work for the evening is Edward Gregson's Variations on Laudate Dominum, which will be familiar as the music to Charles Wesley's Ye Servants of God and Sir Hubert Parry's O Praise Ye The Lord.

Our Youth Band will also be performing, with a programme that includes a traditional hymn, pop music from the seventies, and film music from the sixties and the noughties!. All are welcome.

"SMALLS FOR ALL"

Surveys report that most of us girls have 10+ bras in our drawer but only wear our favourite 3 or4!! A charity based in Livingston, "Smalls for All", have been collecting unwanted underwear and sending them to Africa to help some of the country's poorest women. Not only is it a health and hygiene problem for many African women underwear is seen as a status symbol and offers a degree of security from sexual assault.

The charity accepts new knickers of ALL sizes and new or gently worn bras. We have cleared out our wardrobes for the Frock Swap so let's get our undies sorted too. Any donations can be handed into the church over the next few weeks and I will take them through to Livingston at the beginning of April. Many Thanks, Dot Tracy.





FLOWER FUND Thanks are due to all who contribute to the flower fund, beautifying our worship week by week.

Thanks . . .

We were delighted to accept a donation of postage stamps which will defray the cost of sending magazines to our postal district. We do appreciate the kindness of our members. WP/AMcN

Sincere thanks to Reverend Sandra Boyd, Raymond, Prayer Group and my Church friends for the beautiful flowers and sympathy cards that I received on the passing away of my beloved sister. Your support and prayers are greatly appreciated. With every blessing,

Lena McDougall & family

On behalf of the Sunday Schools and myself I would like to thank all those who attended, contributed and donated to the recent Bring & Buy Sale and Concert. The magnificent sum of £547 was raised for the chosen charity "Family Fund". *J Buchan*

Thank you to everyone who has contributed to the recent Tuesday Coffee mornings in aid of the Church roof repairs raising the fantastic sum to date of £550. Keep up the good work!

My thanks to the Reverend Sandra Boyd, Mr Raymond Jenkins, the Choir and my Elder, Margaret Mills for the help given to me during my recent short stay in hospital. I am now at home and improving.

Margaret Campbell

A big thankyou to all who donated clothes, rails, hangers, nibbles, traybakes, prizes, hat stands and mirrors. A bigger thankyou to all who served as "swishers" or helped in any way on the night (including our 3 Adonises), but the biggest thankyou goes to all the ladies who came along and took part and helped raise the fantastic sum of £1360.50.

The Frock Swap Team



Aspects of Church . . . Lent

What is Lent?

Lent is a season of the Christian Year where Christians focus on simple living, prayer, and fasting in order to grow closer to God. *When is Lent?* It's the forty days before Easter. Lent excludes Sundays because every Sunday is like a little Easter. This year it's from March 1 Ash Wednesday to April 16 Easter, 2017.

Mardi Gras? What does that have to do with JESUS?? Mardi Gras means "Fat Tuesday." It refers to the day before Lent starts. Since Lent always starts on a Wednesday, the day before is always a Tuesday. And it's called "Fat" or "Great" because it's associated with great food and parties. In earlier times, people used Lent as a time of fasting and repentance. Since they didn't want to be tempted by sweets, meat and other distractions in the house, they cleaned out their cabinets. They used up all the sugar and yeast in sweet breads before the Lent season started, and fixed meals with all the meat available.

So the real beginning of Lent is Ash Wednesday? Ash

Wednesday, the day after Mardi Gras, begins by recognising our mortality, repenting of our sins, and returning to our loving God. We recognize life as a precious gift from God, and re-turn our lives towards Jesus Christ. We may make resolutions and commit to change our lives over the next forty days so that we might be more like Christ.

So what is LENT? After Jesus' Baptism, in Matthew 4:1-11, Jesus was sent into the wilderness by the Spirit. Where he fasted and prayed for 40 days. During his time there he was tempted by Satan and found clarity and strength to resist temptation. Afterwards, he was ready to begin his ministry.

Jesus needed some time with God to sort through the major changes happening in his life, away from everyone, to see God and himself more clearly. Like Jesus, we may need to take some serious time to pray and listen for God. *Why "DO" Lent? How do I start?* Are you searching for something more? Tired of running in circles, but not really living life with direction, purpose or passion? It's easy to get caught up in work, relationships and family. Our lives are filled with distractions that take us away from living a life with Christ. We try to fill the emptiness inside us with mindless TV, meaningless chatter, stimulants, alcohol, too many activities or other irrelevant stuff. We run away from life and from God.

Lent is a great time to "repent" -- to return to God and re-focus our lives to be more in line with Jesus. It's a 40 day trial run in changing your lifestyle and letting God change your heart. You might try one of these practices for Lent:

FASTING: Some people have been known to go without food for days. But that's not the only way to fast. You can fast by cutting out some of the things in your life that distract you from God.

SERVICE: Some Christians take something on for Christ.

PRAYER: Christians also use Lent as a time of intentional prayer.

Why not try an electronic fast, go deeper into the Bible, forgive someone who doesn't deserve it (maybe even yourself,) give up soft drinks, fast food, tea or coffee, create a daily quiet time, spend 10 minutes a day in silence and prayer, thank someone every day, do some voluntary work or Pray for others you see in life's journey. Christians from many different traditions celebrate Lent. How will you use the time to grow closer to God?

SOCIAL & FUNDRAISING NEWS

We had an extremely busy start to the new year with our Burns Supper and supporting the Frock Swap event. Our Burns Supper went very well with over 80 people packed into the large hall celebrating the life and work of Burns. A huge thank you to everyone who took part on the night, from our Piper and speakers to our servers and cook (especially to our cook!). Special thanks to Behrouz who helped from morning to night with no break! However the biggest thanks goes to those who took the time to buy a ticket and come along to the first social event of the year. It really was a time of great fellowship and it was lovely to hear that everyone enjoyed the evening.

You can find some photographs of recent events on the back cover of this magazine.

We look forward to another year of successful social and fundraising events. And remember, if you have a special "social request" please do not hesitate to let one of the committee know.

Lynda Young, on behalf of the Social & Fundraising Committee

Only Words?...

Have you ever blurted out something you wished you hadn't said to someone who didn't deserve it?

Why do we say all those things we don't mean? A desire to be heard, when we feel we're not seen? Or is there a problem that we want to redress? Or someone real close that we want to impress? Or are we just stupid - or easily led? And just say the first thing that comes into our head We want to retract, get it out of our hair When the person involved may not really care But some deep implication gets stuck in our brain That we might say the same thing again and again Or frightened of losing the place we had been Oh" Why do we say things we really don't mean? *WP*

15

Dates for your Diary - March

Sun 5th	11am Morning Worship, AGM
	3pm Local Churches Together Big Sing with
	Clincarthill Puppets
Mon 6th	7pm God Tock—Lent Study
Tues 7th	7pm KP Chicks - Craft Night
Wed 8th	2pm The Guild
Sun 12th	11am Celebration of Holy Communion
	6.30pm Celebration of Holy Communion
Mon 13th	7pm God Tock—Lent Study
Tue 14th	7.30pm Introduction to Mindfulness
Wed 15th	2pm The Guild
	6.30pm Prayer Group
	7pm Kirk Session
	8.15pm Congregational Board
Sun 19th	9.45am Early Morning Worship
	11am Morning Worship
Mon 20th	7pm God Tock—Lent Study
Tue 21st	2pm KP Mews Service with Communion
	7.30pm Introduction to Mindfulness
Wed 22nd	2pm The Guild - AGM
Sun 26th	9.45am Early Morning Worship
	11am Morning Worship
Mon 27th	7pm God Tock—Lent Study
Tues 28th	7.30pm Introduction to Mindfulness
Wed 29th	7.30pm The Guild DAFFODIL TEA
Thur 30th	6pm Path of Renewal Meeting (Paisley

April

Sat 1st	4pm-6pm Messy Church
Sun 2nd	11am Morning Worship including Sacrament of Baptism















